

Rafting Seminar March 15, 2025

Rafting is an important aspect of SOS cruising and doing it safely is critical. Learn how SOS builds linear and circle rafts, including where and how to set an anchor, place fenders, secure lines, approach in the wind, and effectively communicate both on the boat and with the Raft Captain.

This seminar is presented by Chuck Fort and is designed for Raft Captains, potential Raft Captains, Skippers, First Mates, First Mate candidates, but Crew members are welcome too.

The session covers skills involved in raft building such as advance planning, general guidelines for all rafts, special considerations for circle and linear rafts, handling emergencies, docking for land-based cruises, and ways in which Skippers, First Mates, and Crew can assist the rafting process.

Skippers and First Mates can become Raft Captains. SOS needs more Raft Captains to handle the 17 SOS cruises this season. Please come and learn how you can help.

There is no cost for Raft Captains, potential Raft Captains, Skippers, First Mates, and First Mate Candidates. Crew cost is \$10.

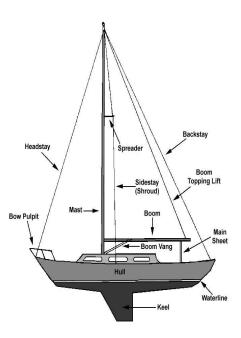
The seminar will be held at the Eastport-Annapolis Neck Library, starting at 1:00pm. Coffee and snacks will be provided.

Please contact coordinator Jean Gough with any questions you may have at jgough4you@gmail.com See Pg. 12

March 2025, Vol. 47, No. 3

Dockside Training April and July

Where Spring Training Meets the Water – Learn about halyards and draft, which way's forward, and how to move aft!



Choice of 3 days in 2025!

- April 19, 2025 Saturday – immediately after Flare and Safety training See Pg. 14
- April 27, 2025 Sunday – all day See Pg. 14
- July 19, 2025 Saturday – all day

Register for Dockside Training on the SOS event calendar. Sign up for one session or all.

Dockside training is presented by the Cruising Committee without cost to all SOS members. It is held on various members' boats to give newly joined members and old salts who want a refresher, an introduction to a boat, and a head start on checking off some Basic Skills.

It is traditionally held on a boat while tied to the dock, although some Skippers elect to go out for a day sail.

Questions/Information: Dennis Krizek <u>denniskri@msn.com</u>

Spring Training

April 5th

- Spring Training and Digital Presentations Pg. 8
- Registration Instructions
 Pg. 9
- Directions Anne Arundel Community College Pg. 9
- Matrix of Classes
 Pg. 10 & 11

VIEW FROM THE BRIDGE

Susan Zevin, Commodore



Dear Fellow Sailors,

One of the toughest parts of being Commodore? Writing this column every month—without fail, by the 15th of the month—lest I face the

Editor's wrath! Usually, an idea emerges, but this time, the deadline crept up like a cat on silent paws. Where to find inspiration?

Then, while discussing spring commissioning with a friend, it hit us: We prep our boats, but what about our bodies? So, before we climb aboard, let's make sure we're in shape for the season ahead. Winter's inactivity (and those delicious Fireside Chat dinners) may have taken a toll. It's time to rebuild strength, balance, and endurance.

Skippers, if you are on the hard climbing 12'-14' ladders (or any height), you need strong legs, core, and balance to avoid mishaps. Sanding, painting hulls, and hauling sails require solid upper-body strength — shoulders, arms, back, and lateral muscles all come into play.

Crew, set a goal to be a "fit SOS sailor."

Here's an abbreviated description of our SOS Fit Sailor scale for Crew AND Skippers:

- Level 1: Board the boat and move around the cockpit with ease.
- Level 2: Handle loading and storing provisions, and easily navigate the companionway.
- Level 3: Operate a winch, throw or cleat a line, and move around the deck at the dock.
- Level 4: Hoist sails, haul anchors, and handle crew duties in typical Chesapeake Bay conditions.
- Levels 5-6: Perform crew duties in heavy winds and waves for extended periods

For the full Fitness Assessment Scale, go here: <u>https://www.singlesonsailboats.org</u> /fitness-assessment

How to Get in Shape:

- <u>Strength Train</u> 2 times/week
- <u>Walk (up tempo)</u> 30-60 minutes, 3-5 times/week. Bonus: Walking boosts brain power!
- <u>Exercise your heart</u> Add hills for an extra challenge.

Check with your Doctor before starting, especially if you have medical conditions or past injuries. They'll appreciate your proactive approach!

Gear Up: Get fitted for new walking shoes—the old ones won't cut it. Boat shoes lack arch support for exercise.

Take it Slow: Muscles strengthen faster than tendons and ligaments, so ease into it to avoid injury.

After your workout, at the end of your shower, turn off the hot water and let cold water run down those tired legs. The cold will keep your muscles from getting sore.

Finally, sit down with a hot cup of tea, put your feet up, and read Hampton Sides, "The Wide, Wide Sea," the final voyage of Captain James Cook – **must** reading for all our mates who are headed to New Zealand! We wish them Bon Voyage!

Remember, commissioning isn't just for boats—let's all prep our bodies for a strong, healthy, and injury-free cruising season.

See you on the water!!!!!

Susan, Commodore

Welcome New Members

David Lawson – Richardson, TX Nancy Thomas – Annapolis, MD Roger Roberts – Fairfax, VA Capt. Dave Eber – Chester, MD Sandra Schneider – Wilmington, DE

Zoe Kosmi – Bethesda, MD

Whisker Pole NEWSLETTER Published Monthly

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Unofficial Board Notes February 6, 2025

Official February Minutes will be posted on the SOS website when approved in March 2025 by the Board of Directors.

<u>Commodore</u>: Susan Zevin Meeting Called to Order at 6:00pm.

<u>Secretary</u>: Doug Gage - Minutes of January 2 BOD Meeting were approved.

<u>Vice Commodore</u>: Karl Scible Continuity of Operations Plan (COOP) preparation is progressing across many committees.

Treasurer: Janet Pennewell

	Dec.30, 2024	Jan 31, 2025
Club Checking Account	\$16,101	\$38,843
Hi-Yield Savings Account	13,594	0
7-Month CD	61,178	61,420
Bareboat Account	81,043	57,773
Total Cash	\$171,916	\$158,036
Club CC - Chase	(\$180)	(\$4,191)
Club CC Wells Fargo	(\$3,760)	(\$362)

Closed our "hi-yield" savings account (was same interest rate as regular checking). Opened a new Credit Card account at Chase Bank. Will be able to renew our CD (matures this week) at an attractive rate with Wells Fargo.

Our accountants, Gorfine, Shiller & Gardyn (GSG), are now completing their independent financial review; expect we will have a report later this month.

Adding Doug Gage as a signer on our bank accounts for contingency purposes (**MOTION 202501-01** was adopted in BOD Executive Session following this meeting).

COMMITTEE REPORTS:

<u>Bareboat</u>: Deb Kauffman Spring 2025 – New Zealand Coordinator: Deborah Kauffman

Weeks of February 22, 2025 and March 1, 2025. All boats are at full capacity; 1 person waitlisted. Crew meeting held in early Jan.

Fall 2025 – Lake Huron Coordinator: Carole Jordan - Week of September 7, 2025 – September 13, 2025. Canadian Yacht Charter. 8 monohulls, 1 power boat leased. 51 applications, 1 withdrawal, 40 placed on boats.

Spring 2026 & Fall 2026 - We are looking for coordinators and locations for 2026.

Brunch: Suzanne Vaughn

There is no March Brunch and April 6th is the last brunch for the season.

<u>Cruising</u>: Laura Keough and Dana Stoffregen

Cruising Calendar: Extended the SERC Tour cruise to a 3-day (Fri. leave) to enable sailing participation in the Saturday lunch & tours. Added an optional extended 6-day Labor Day weekend cruise to the 3-day cruise.

Cruising Kickoff: Scheduled for April 26th. Agenda includes discussion of 2025 cruising issues and high-level coordination training.

Dockside Training: Scheduled for 2.5 days: April 19th PM, April 27th, and July 19th. Dennis Krizek will lead this effort by advertising, working with coordination, and ensuring Skippers/FM are on board

Coordination: Linda Casucci is hosting a Regional Leaders planning meeting Feb. 5 to allocate specific cruises to Reg. Leaders/ coordinators. The Regional Leaders have developed a wish list to implement for a more efficient, harmonized process for 2025.

Database: Chair TBD; DB Team: Dennis Krizek, Don Yerger, Esther Massey, and Carrie Will, and, perhaps, John McDonald.

Shirley Brooks-Hollendursky is collecting emailed Basic Skills Check Sheets. Kathy Haven is helping with Weekly Blasts for now.

Extended Grace Period to the end of February so I have time to learn how to send Renewal reminder email. Made changes to Day Sail Registration form (removed Covid questions, added SOS Wellness Policy).

Education: Chair TBD;

Spring Training Chair: Milyn Jordan Spring Training Announcement, Registration Instructions, and Curriculum were published in the February *Whisker Pole*. Registration is under way and the contract with AACC will be signed this week.

First Mates' Advisory: Lora Donia

On January 14th, a Charting and Navigation session was held with five First Mates and one potential candidate in attendance. The next in-service on Electronic Navigation will take place in conjunction with the First Mate training cruise in June. All First Mates are encouraged to sign up to assist with the upcoming Dockside Training events.

Membership: Pat Tracey

The Committee is now sending attachments to new members and skippers electronically, which is cost-saving. I'm still catching up to new members who joined in January/February. The 2025 Directory is being worked on to update bylaws and policies.

Newsletter: Julie Fort

The twenty-page February *Whisker Pole* went to printer on Jan. 25th. It was mailed to 42 members. The cost was \$360.87.

<u>Public Relations</u>: Janet Gonski and (new) Victoria Rusakova

PR contacted Spring Training chair to offer help for advertising ST to the public: a Spin Sheet article for March issue, a Meet Up event, design 4x6 postcards for distribution, create a digital flyer to be shared electronically, and add date to online calendars.

Working with Bareboat chair and the Lake Huron coordinator to determine when to open the StoutGear pop-up shop. Will touch base with the ST person for Vendors to possibly suggest opening a StoutGear spring pop up about the time of ST.

Safety: Joan Tannen

Preparing 2025 boat activations - a blast was sent to skippers asking them to fill out the boat info in their profile.

Following discussions between Safety, First Mates, Cruising, and Skipper's Advisory, I am transferring some tasks pertaining to the First Mate review process from Safety to First Mates. Added a task pertaining to the Sailing Fitness program. By consensus, the Board agreed with these changes.

Skippers' Advisory: Sandy Rosswork

Two new skippers joined the club in Jan. A Raft Captain seminar is on March 15. Updating Skipper Helper Program and helping in updating the Basic Skills Program.

Social: Tina Lavato and Kathy McFadden

The Social Committee's (SoCom) kickoff meeting is February 8. Dropbox folders have been created for all Events. SoCom promotional flyer has been updated and provided to Spring Training coordinator for inclusion with the ST packets.

Old Business:

New Business:

An extensive discussion was held, led by WP Photo Editor Bob Wright, of how to implement "Do Not Photograph Me" process — how to actually identify in a photo anyone who has elected this on their profile. Bob is sending out a letter to the folks affected.

An extensive discussion was held regarding liability waivers from members, including the possible requirement of written formal waivers for insurance purposes, how to get the waivers from members, and how/where/how long to save them.

A discussion was held on the mechanics of processing both new member vouchers and skipper participation vouchers.

Cruising Corner

The Cruising Committee is excited to share the 2025 Cruising Calendar in this *Whisker Pole*. A printed copy of this calendar will be included in the Spring Training materials and a digital copy will be available on the club's website. See Pg. 5

We have added some new cruises to the traditional favorite cruises. including: a 3-day cruise to SERC (Smithsonian Research Center) with land activities; a Sail to the Wind weekend cruise where location will be determined based upon boat locations and wind; a North and South Location Raft-Up to include boats from a wider geographic area: a Labor Day cruise to Chestertown; and the Blue Lips cruise in November. See Linda Casucci for more info: cassuccili@gmail.com

Additionally, we are offering two extended cruise options aligned with the Memorial Day and Labor Day specifically, a 2-week Cruises; extended (CBDB) to Yorktown, VA extended and а 6-dav to Chestertown, MD. Please see Laura Gwinn for more information. laura.gwinn1953@gmail.com

For sailors new to the club, we are offering three options for Dockside Training: April 19 PM, April 27, and July 19. Please see Dennis Krizek for more info: <u>denniskri@msn.com</u> See Pg.1, 14

A call to action for Skippers – our first weekend cruise is May 2-4 which will require commissioned boats and dinghies. Please ensure that your boat (and dinghy if you have one) are ready in time for this cruise!!

Comments and suggestions are always welcome.

Contact Cruising Co-chairs: Dana Stoffregen <u>stoffregendana@gmail.com</u>

Laura Keough <u>laurasan2@yahoo.com</u>

CBDB is Back for 2025 by Laura Gwinn

The Chesapeake Bay Domestic Bareboat (CBDB) aka the Extended Bay Cruise, is back for 2025. Mark your calendar for 10 days to 2 weeks May 24-June 7. While details are still being discussed, the general plan will be to go from the Memorial Day the Choptank/Little cruise on Choptank to Yorktown, VA (2 days) and Cape Charles, VA (2 days) then work our way back. Each boat will be responsible for their expenses, although there will be a small cruising fee for crew (probably equivalent to the Memorial Day cruise fee.)

There will be a suggested itinerary, but each boat will determine how closely they want to follow it. Decide for yourself if you want to anchor or use a marina; do you want to go to a different destination?

Skippers will be responsible for inviting their own crew, although I will maintain a list of interested crew to share with Skippers who may need additional members.

Skippers: If you are interested, please contact me now laura.gwinn1953@gmail.com

I expect to have a meeting (probably Zoom) this month for interested Skippers.

Crew: If interested, no need to do anything yet except mark your calendar. I will maintain a list to share with Skippers, beginning in March. You will be asked NOT to register until you have secured a crew position.



Flare and Safety Day

Saturday April 19, 2025 9:00 am – 11:00 am

The Sailing Season must be right around the corner, because it's time for our annual Flare and Safety Day!

This outdoor, fun, hands-on experience allows members to go from station to station practicing hands-on safety skills.

Have you ever used a fire extinguisher or fire blanket to put out a small fire? Have you ever lit a handheld flare or shot off an aerial flare? These are just some of the skills you'll be able to practice!



In addition, you'll be able to "walk through" the use of a passing line to enter a raft-up, practice the mechanics of setting an anchor, reinforce how to safely use a winch, practice tossing a line from one person to another, etc.

At one of our newer stations you'll be able to see and discuss everything you've ever wanted to know about PFDs (personal flotation devices) showing the different types, how to maintain them, man overboard poles, whistles, reflectors, lights, personal EPIRBS, etc.

We encourage all members to attend Flare and Safety Day to have a fun morning outside brushing up on safety skills in preparation for the quickly approaching sailing season!

Registration is free to members.

Location: Camp Letts, 4330 Camp Letts Road, Edgewater, MD. Questions? Contact Joan Tannen at safety@singlesonsailboats

Singles on Sailboats 2025 Cruising Calendar

Date(s)	Cruise/Location		
Feb 22-			
Mar 08	Bareboat: New Zealand Wk. 1		
Mar 01- 08 or 11	Bareboat: New Zealand Wk. 2		
Mar 8	CPR Training, Annapolis Fire Dept.		
Mar 15	Raft Captains Training, Eastport-Annapolis Neck Library, Annapolis		
April 5	Spring Training, Anne Arundel Com. College		
April 19	AM - Flare and Safety Day, Camp Letts, Edgewater		
April 19	PM - Dockside Training		
April 26	Cruising Kickoff, Galesville Memorial Hall		
April 27	Dockside Training		
April 30	Mid-week Day Sail – Wed		
May 2-4	SERC Tour 3-Day Cruise, Rhode River, Sail & Dinghy/Drive-in, *Fri leave for raft-up		
May 6	Mid-week Day Sail – Tues		
May 10	Weekend Day Sail		
May 11	Weekend Day Sail		
May 17-	DNR Cruise, Granary Creek, Wye River, Sail		
18	& Dinghy/Drive-in, *Option for Fri leave		
May 21	Blue Angels Day Sail – Wed		
May 24- 26	Memorial Day 3-Day, Choptank River		
May 24- Jun 08	Chesapeake Bay Domestic Bareboat (CBDB), Yorktown, VA		
June 3	Mid-week Day Sail – Tues		
June 7	Weekend Day Sail		
June 8	Weekend Day Sail		
June 14- 15	First Mate & General Cruise, Round Bay, Severn River		
June 19	Mid-week Day Sail – Thurs		
June 21-	47th Anniversary Cruise		
22	Port Annapolis, Back Creek, Sail/Drive-in		
June 28	Weekend Day Sail		
June 29	Dinghy Dance		
June 29	Weekend Day Sail		
July 4-6	Independence Day 3-Day Cruise, St. Michaels, *Fri leave needed if reserving marina (2-night min.)		
July 8	Mid-week Day Sail – Tues		
July 12-	North & South Raft-ups, Loc. based on boat		
13	signups		
July 17	Mid-week Day Sail – Thurs		
July 19	Dockside Training		

Date(s)	Cruise/Location
July 20	Weekend Day Sail
July 26-27	Appetizers & Desserts Cruise,
Aug 2	Hunting Creek, Miles River Weekend Day Sail or Power Boat Raft-up
Aug 3	Weekend Day Sail
-	-
Aug 9	Town Meeting, Galesville Memorial Hall
Aug 10	Weekend Day Sail
Aug 12	Mid-week Day Sail – Tues
Aug 16-17	Seafood Feast Cruise, Lankford Marina, Chester River, Sail/Drive-in
Aug 30-	Labor Day 3-Day Cruise, Chestertown,
Sept 1	MD, Chester River
Aug 30- Sept 4	Labor Day 6-Day Extended Cruise, Chestertown, Chester River
Sept 6-13	Bareboat Cruise: Lake Huron, Gore Bay, Ontario, Canada
Sept 6	Weekend Day Sail
Sept 7	Weekend Day Sail
Sept 10	Mid-week Day Sail – Wed
Sept 13-14	Return to the Scene (Monster Raft), Drum Pt., Wye River
Sept 20-21	Sail to the Wind, Loc. based on boat signups & wind forecast
Sept 25	Mid-week Day Sail – Thurs
Sept 27-28	Octoberfest Cruise, Castle Marina, Chester River, Sail/Drive-in
Oct 1	Mid-week Day Sail – Wed
Oct 4-5	Goose Cruise, Corsica River
Oct 11	Weekend Day Sail
Oct 12	Weekend Day Sail
Oct 16	Mid-week Day Sail – Thurs
Oct 18-19	Chili Cook-off, DNR, Granary Cr., Wye River, Sail & Dinghy/Drive-in
Oct 23	Mid-week Day Sail – Thurs
Oct 24-26	OysterFest Cruise, CBMM, St. Michaels, Sail/Drive-in *Fri leave needed if reserving
No. 4	marina (2-night min.)
Nov 1	Weekend Day Sail
Nov 2	Weekend Day Sail
Nov 8–9	Blue Lips Cruise, Loc TBD
Nov 15	Cruising Wrap-Up, Galesville Memorial Hall
Dec 13	EYC Light Parade
	As of Feb 5, 2025

April 6th Brunch Photo Contest,

Retrospective, and General Meeting

Please note there is no Brunch in March. It has moved to **April 6**, the day after Spring Training.

SOS has so many talented photographers! Each year there are two events for the members to show off their talents! First, the Photo Retrospective is a video of photos taken by club members at club activities on land and water arranged with music. Prepared by John Parsons, who spends many hours reviewing photos of people, places, and boating events to bring back memories of 2024's multitude of events. If you sent photos to John, they are likely in the video, so you will want to see them, to laugh, exchange stories, and to tell tall tales of our adventures. But most of all to remember those wonderful moments we had with sailing mates, at home and abroad. The video will be shown throughout the brunch.

The second photography event: You Ought to be in Pictures. This is a competition of photos taken by club members of club events and is quite competitive! The four winning categories are People, Bay Scenes, Sailboats, and Destination Cruises. The photos from destination cruises were taken during the cruise, or traveling before or after a cruise. The Photo Contest Manager is our Whisker Pole photo editor Bob Wright. He received the photos and organized them in a format to be judged. There are First, Second, and Place Awards for each of the four categories.

There is also a Grand Prize Award. The Judge may add a fourth-place award in any category if deemed necessary due to the quantity and quality of the entries.

The judging is blind. The Judge does not know which person took which photograph. This year's Judge is David Blecman, a member of the Professional Photographers of America. He is an award winning, internationally recognized photographer and instructor, and has been judging professionally for over 39 years.

Brunch Schedule.

- 11:00am Social Hour
- 11:45am Brunch & Retrospective
- 1:00pm Photo Contest Winners
- 1:30pm General Membership

Meeting

The Membership Meeting is open to all members at no charge and no registration is required. Extra seating will be available for those attending just the Membership Meeting.

As directed by our bylaws, the Treasurer will provide a budget overview, and each committee chair (or their Board Liaison) will share a summary of the 2024 year's highlights. See Pg. 13



SOS Logo Gear – Available at Spring Training and Online

Our club's cruising season is about to begin – would you want some SOS logo gear for your sailing adventures? We have a relationship with a local small business, STOUTGear, that offers opportunities to order clothes, hats, tote bags, vests, and coats in a pop-up shop format.

Look for a notice in the SOS club weekly blasts for a link to order items <u>starting March</u> 24. There will



be more detail in the April *Whisker Pole*, and Lorie from STOUTGear will have a vendor table at Spring Training. Plan to stop by and check out samples of the fabrics and items you can order.



CPR/AED & First Aid for Mariners March 8

By Joan Tannen Safety Chair

by popular demand on Back Saturday, March 8th, we are holding this important training session before the season begins to help us learn these important skills. The Annapolis Fire Department emergency medical personnel will conduct this hands-on class on CPR (cardiopulmonary resuscitation), the use of the External Automated Defibrillator (AED), and first aid with a special focus on mariners. The training will be held at the Taylor Avenue Fire Station in Annapolis.

Because SOS recognizes the value of this American Heart Association certified training, the club pays half the cost. Whether you are learning these techniques for the first time, or recertifying, there is always more to learn. Recommended procedures are always being updated. Certifications are valid for two years.

The class will start at 9:00am and run to approximately 3:00pm. Your cost is \$58.00, which includes coffee and a light breakfast, as well as lunch. Be sure to sign up early because we need to limit attendance.

The deadline for registration is March 1. If you have any questions, please contact Joan Tannen, SOS Safety Chair, at <u>itkeuka@gmail.com</u>

See Pg. 12

SERC Cruise & Drive-in May 2-4, 2025

By Barbara Wingrove, SERC Director's Circle

SOS will sail to and raft up in the Rhode River on Friday, May 2nd. On Saturday, May 3rd, Skippers and crew will dingy to Smithsonian Environmental Research Center (SERC). Members may also drive in. You can participate in several events listed below.

SERC was created in 1965 and is headquartered on Chesapeake Bay on the Rhode River in Edgewater, Maryland. SERC's 2,650-acre campus serves as a natural laboratory for longterm and cutting-edge ecological research to understand the causes and consequences of rapid change in Chesapeake Bay and around the world. Here, scientists explore pressing issues affecting the environment, including water quality, fisheries, invasive species, conservation, land use, toxic chemicals, and global change.

Whether you dingy in from the SOS raft or you drive in, you can participate in several events:

- Docent-guided 90-minute tour of SERC research activity. Limited availability (20 per time slot). Sign up for the 10:00 am or 2:00 pm time slot.
- Hike or bicycle on the many trails available.
- Visit the Woodlawn House, a museum containing artifacts of Maryland History found on the property.
- Participate in an archaeological dig.
- Listen to a lecture on the French & Indian War by Jim Gibb (chief archaeologist).
- Join in a SOS pot-luck lunch at the pavilion at the Reed Center. (Bring food to share).

SERC address: 647 Contees Wharf Road, Edgewater, MD 21037-0028. Phone Number: (443) 482-2200

For more information on SERC, visit <u>https://SERC.SI.edu</u>

For more information about the weekend, contact Coordinator Linda Casucci at: <u>casucccilj@gmail.com</u>

For the sail/drive to the Rhode River that weekend, see Pg. 15.

SOS Skipper Helper Program



Spring is around the corner and we are starting to think about the sailing season. The first Day sail is on April 30 and the first

weekend sail is a three-day cruise on May 2^{nd} - 4^{th} . The SOS fleet must get ready to sail.

Preparing a boat for a fun-filled season involves many time-consuming tasks including cleaning, painting, or varnishing, bringing cushions and other equipment aboard, hanking on sails, minor repairs, and possibly moving it from its winter home to its summer slip.

Many of our skippers need help to get their boats ready, particularly for those early-season sails. So please be an SOS Skipper Helper! Contribute to the success of our Cruising program.

You don't need any mechanical skills but a willingness to pitch in and help. Sometimes even a good kibitzer is appreciated! It is more fun and safer not to have to work alone.

You can volunteer to be a Skipper Helper in several ways. Call a Skipper or Skippers with whom you sailed in 2024 and whose boats and company you enjoyed and ask to lend a hand. Or send a note to Susan Vasco at: <u>suvasco@comcast.net</u> and she will match you up with an SOS Skipper who needs help. Skippers, if you need help, contact crew who sailed with you last summer or email Susan Vasco asking for someone to assist.

Let's get out on the water early and have a great 2025 sailing season!!

Old Fire Extinguishers Needed

The club is always looking for old fire extinguishers to use at our annual Flare and Safety Day training on April 19th. At that training, participants get the valuable experience of practicing the use of fire extinguishers to put out small fires.

If you have any that have expired, and you're willing to donate them to this important cause, please reach out to Karl Scible by text at 407-707-2833.

We appreciate it!



Spring Training is Coming Soon!

After a long winter, there is nothing that will put SPRING into your step more than attending the Singles on Sailboats (SOS) Spring Training! This year, **SOS Spring Training** will be held on **Saturday, April 5th** from **8:00 am – 4:00 pm** at the Anne Arundel Community College campus in Arnold, Maryland. **Now is the time to register!!!**

Because it is such a wonderful event, many have discovered it is wise to sign up early to get the fullest possible selection of program offerings. Spring Training is a full day of educational sailing programs and connecting with people who share a love of sailing. It also gives a glimpse of the many welcoming opportunities that SOS offers and builds excitement for the first days of sailing in 2025.

As you will see in this issue of *Whisker Pole*, the 2025 Spring Training Planning Team has put together a robust program with sailing experts leading sessions that will engage all levels of expertise. Topics range from Sail Trim, Navigation, Communication, and Docking to Boat Maintenance, Anchoring, Cooking on Board, and glimpses into some of the intriguing history of our area. Several sessions will include hands-on activities with the intent of having fun while learning new skills such as Basic Sailing Knots and Getting Fit for the Sailing Season.

You will be excited to know that several of the new topics from last year will be repeated (in case you missed them) including the Diesel Engines session with an extended time slot and an invitation to bring your owner's manual along.

Some exciting first-time offerings include:

- Night Sailing
- Women at the Helm
- Lessons Learned in Extended Cruising
- Safety and Leadership
- Boat Systems
- Converting Lead Acid to Lithium Batteries

To help you sort through the 30 different classes to find what's right for you, each presentation is designated for the specific level of sailing experience it is intended: L =Limited or no experience, M = Moderate experience, and E = Experienced sailors or Skipper.

Each of the five time-tracks throughout the day offers a choice of six sessions. When you register, you will choose one presentation per track. In each track, at least one of the presentations has been designated as "GEN" to indicate its general, broad appeal to participants.

What you will learn at SOS Spring Training 2025 will help make you a better sailor and the camaraderie of and getting to know others in SOS will help you launch into satisfying adventures beyond the training. Presentations are filled on a first-come first-served basis, so don't delay registering. Seating is limited in many of the sessions and the most popular topics can fill up early.

For information/questions, contact Milyn Jordan, Spring Training Team Lead, <u>st.sos.org@gmail.com</u>

To Register: See pg. 13

Spring Training Presentations are DIGITAL!

WHAT? For the first time last year, we made the presentations from Spring Training available online digitally for easy access with no printing of voluminous paper copies needed! It was such a success, we are repeating it again this year!

WHY? There are <u>M A N Y</u> reasons!

Money – Going digital helps SOS save the expense of printing presentation materials for the attendees, not to mention those presenters who absorbed their own print costs in the past.

Access – Paid registrants will have access to ALL the presentations, an advantage that was not possible when printing presentations was limited to the "class attendees" only.

Notes – You can still take notes when you print out your own presentation and bring it with you to Spring Training. If you forget, there will be paper and pencil in your packets at the training.

Yes! – Yes! On April 1st (that's not an April Fool's joke!) we will send you an email with instructions for downloading your presentations to bring with you to Spring Training on April 5th.

WHEN? Presenters will give us their presentation by late March. From April 1^{st} – April 5^{th} you will be able to download your class presentations.

WHERE? The digital presentations will be available online for all paid Spring Training registrants – members and non-members alike.

HOW? The email you receive will have a unique LINK ... Once the available presentations have been received and uploaded, we will send out instructions with the LINK for downloading your presentations.

We hope this process will give you access to more materials, more conveniently. We are eager to hear from you about how you like this step into the digital world.

Spring Training Instructions

How to Register:

Go to the SOS website: <u>www.singlesonsailboats.org</u> Event Calendar where you can both register and pay for Spring Training. Note: you will need a credit card to register.

Consult the list of sessions and select those you would like to attend. You will be able to choose the presentations you want to attend by clicking on the drop-down menu.

Space for some presentations may be limited; any presentation that is already "full" will NOT appear on the menu. When you have completed the registration process, you will know your schedule.

Some important Things to Remember:

- Your selections help ensure we have adequate capacity within each session, so PLEASE make your selections carefully.
- SOS reserves the right to adjust the presentation schedule to meet demand for key presentations or to accommodate last-minute changes due to circumstances beyond our control.

Cost:

- \$85 Early Bird for members on or BEFORE March 22 deadline (9:00pm)
- \$95 for members AFTER March 22 deadline
- \$100 walk-ins on April 5 and non-members

A continental breakfast and a buffet lunch are included in the cost of registration. **No food or drink will be allowed outside the cafeteria.** A non-refundable fee of \$5 in the event of cancellation or closure is also included.

Cancellation or Closure:

Cancellations must be received via phone (703) 403-5357 or e-mail: <u>st.sos.org@gmail.com</u> no later than **March 30**. If you question if the college is closed on the day of the event (e.g., weather), call the college for Closure Information at 410-777-2222.

Parking and Arrival Information:

Spring Training will be held at Anne Arundel Community College, 101 College Parkway, Arnold, MD 21012. Registration will be held in the campus cafeteria.

When you enter campus from College Parkway, you will see **SOS signage** on campus directing you to the parking lot closest to the registration area. Parking is free. Visitors may not park in any space marked *Reserved Parking*.

Upon arrival, check in at the registration table in the cafeteria and pick up your <u>*Personalized Spring Training*</u>

<u>Packet</u> of materials that includes your schedule for the day and then enjoy morning coffee with breakfast. **Prompt arrival is highly encouraged** to make for a smooth day and to be courteous to the volunteer presenters and administrative staff.

We look forward to seeing you!



Directions:

Anne Arundel Community College 101 College Parkway Arnold, MD 21012

From Washington or Annapolis:

- Take Route 50 East to exit 27, Route 2 North (Governor Ritchie Highway) toward Baltimore.
- Stay on Route 2 for about three miles.
- Turn right onto College Parkway. The first right turn is the campus entrance.

From Baltimore:

- From Interstate 695 take exit 2, Route 10 toward Severna Park.
- Stay on Route 10 until it ends at Route 2 (Governor Ritchie Highway).
- Follow Route 2 South for about five miles.
- Turn left onto College Parkway. The first right turn is the campus entrance.

From Kent Island:

- Take Route 50 West to exit 27B, Route 2 North (Governor Ritchie Highway) toward Baltimore.
- Stay on Route 2 for about three miles.
- Turn right onto College Parkway. The first right turn is the campus entrance.

0	Α	В	с	
Session	1 - A Levels: L, M, E	1 - B GEN Levels: L, M, E	1 - C GEN Levels: L, M, E	
#1	INTRO TO SOS How to Join the Fun	QI GONG (chee-gong)	CHESAPEAKE (and more!) LIGHTHOUSES IN 2025	
9:10 – 10:00	SOS member Carole Jordan and SOS Skipper Shirley Brooks-Hollendursky introduce the roles of Skippers, First Mates, and crew in SOS. How to navigate the SOS website, register for events, and volunteer opportunities in the club.	SOS Member Heide Harper acquaints us with Qi Qong, an ancient holistic practice of self-healing exercise to prevent disease and improve health. It consists of EASY movements, postures, breathing techniques, and self-massage, all while sitting or standing.	They survive storms, winds, and currents. Experts Bob and Adam Stevenson talk about the history, design, and changing conditions of these Chesapeake beacons. Questions are encouraged.	
#2	2 - A Levels: L, M	2 - B Levels: L, M, E	2 - C Levels: L, M, E	
10:10 –	BASIC SAILING TERMINOLOGY	ONBOARD COMMUNICATIONS - Takes More Than a Radio	DIESEL ENGINES (Extended session, register for both 2 - C & 3 - C)	
11:00	ASA Instructor and SOS Member Carrie Will and Chris Burns discuss basic sailing terminology and how to talk "sailese".	SOS members Gene Jacob and Sandy Rosswork share the u se of VHF radio communicating from the boat as well as crew communications on the boat. Bonding and team making while sailing is done in a variety of ways!	Diesel guru Karl Allen briefly discusses what should be done for winterizing focusing then on springtime maintenance like sea water pumps, cooling systems, anodes, manufacturers recommended routine maintenance, and springtime start up.	
#3	3 - A Levels: M, E	3 - B GEN Levels: L, M, E	3 - C Levels: M, E	
11:10 –	LEADERSHIP, TEAMWORK, & SAFETY	WOMEN AT THE HELM	DIESEL ENGINES (2-C continues)	
12:00	John Schafer from the Ministry of Sailing YouTube Channel shares essential rules and strategies for effective collaboration and synergy within a sailing team in this energy-filled session. Drawing parallels between the intricacies of sailing and corporate or organizational teamwork, he offers practical insights and real-world examples of how these principles translate into cohesive, high-performing teams.	Interested in a female perspective on boating? Please join our panel of women captains/skippers - Anne Kaiser, Laura Keough, Karen Lundgren, and Catherine Fox with Shirley Brooks- Hollendursky as moderator - as they share their experiences of the joys and challenges of owning a boat and leading a crew.	This is an extended session that begins at 10:10am. You must register for both. Class participants should bring their owner manuals.	
12:00 – 12:50		Lunch and Exhibits		
#4	4 - A Levels: L, M, E	4 - B Levels: M, E	4 - C Levels: L, M, E	
1:00 – 2:20	BASIC NAVIGATION SOS Skipper Sandy Rosswork will teach	DOCKING AND BOAT HANDLING UNDER POWER	SAIL TRIM AND BALANCE Better understand your sails and sail	
how to find your location on the water and how to use marine charts to plot a course, avoid hazards, and locate your boat.If boats moved like of would be simple! SO Becker, explains the		If boats moved like cars, docking boats would be simple! SOS Skipper, Emil Becker , explains the dynamics of stopping, backing, and docking boats;	controls. Professional sailor and coach Kristen Berry will discuss how to trim sails on any boat, in any condition, unlocking the hidden potential of sail power!	
	Discover how to use channel markers and other aids to navigation to sail safely.	along with how to make friends with that pesky WIND.		
#5	5 - A Levels: L, M	5 - B Levels: L, M, E	5 - C GEN Levels: M, E	
	BASIC SAILING KNOTS	EMERGENCIES ON THE BAY	BOAT SYSTEMS	
2:30 – 3:50	SOS Skipper Chuck Fort and friends demonstrate the proper knots to use on a boat and when to use them. Hands-on practice is included while viewing step-by step demonstrations of each knot.	The first 10 minutes of an emergency while sailing may be the difference between life or death. Learn basic skills from SOS Member Karl Scible so you can know how to assist in preventing a life-threatening incident. For example, applying a tourniquet can stop severe bleeding. Learn other simple actions that may save a life.	SOS Skipper Emil Becker details the inner workings of the systems on a cruising sailboat for water, electricity, sanitation, propulsion, and navigation and how to "make or break" your day with this gear.	

)		E		F
Session	1 - D	Levels: M, E	1-E	Levels: M, E	1 - F	Levels: L, M, E
#1				SAILING		BOAT PROGRAM
9:10 – 10:00	Learn about becomin Mate Committee Cha talk about the realities having a First Mate al sail.	ir, Lora Donia, will and benefits of	Curious about night sailing but unsure of your skills? Geoffrey Tobias will share his extensive knowledge of night sailing such as preparation, lights, navigation, watches, anchoring, and equipment. Not to be construed as legal advice.		SOS Member and Bareboat Chair, De Kauffman , will present an overview of the SOS Bareboat program. She will discuss various roles for crew member during a bareboat cruise, the role of th trip coordinator, and suggestions for upcoming trips for 2026.	
#2	2 - D	Levels: L, M, E	2 - E GEN	Levels: L, M, E	2 - F	Levels: M, E
10:10 – 11:00	IN EXTENDED CRUISING Si SOS Skipper Harry Keith and wife Kati share lessons learned in 200 days: 7000- miles sailing north to Canada over two summers with longer passages. What Susan Zevin, AC Trainer, provides exercises to stren arms, and legs an		SEA Susan Zevin, ACSM Trainer, provides sim	ple, easy-to-do en your tummy, back, nprove your	RIGGING Collin Linehan of CL Rigging will discuss the creation and maintenance of all aspects of yacht rigging to ensure a seaworthy and enjoyable boat.	
#3	3 - D	Levels: M, E	3 - E	Levels: L, M, E	3 - F	Levels: M, E
11:10 – 12:00			ABC's OF COOKING ABOARD		BASICS OF RAFTING	
	and SeaHawk paints, finishes - topside to b brightwork in betweer beautiful above the w critters below the wat	talks about boat ottoms - and n. Making your boat ater and free of little	SOS member Carol cooking easy, fun, ar Skipper and crew.		SOS Skipper Chuck Fort discusses how to raft with SOS, both circle & linear rafts What is the overall plan, what part does crew play, and (for Skippers) how do you direct your crew for a smooth entry into the raft.	
12:00 – 12:50			Lunch an	d Exhibits		
#4	4 - D GEN	Levels: L, M, E	4 - E	Levels: M, E	4 - F	Levels: L, M, E
1:00 – 2:20		TRIVIA LIVE!		LEAD ACID TO BATTERIES		CHORING
	Join Rachel Frazier f State Archives in test of Maryland history, g culture, and learn fast the Old Line State. Di facts connect with the collections of the Mar	ing your knowledge eography, and cinating trivia about scover how unique fascinating	Harry Keith offers in Part 1 - Intro to gene Part 2 - Discuss "dro Part 3 - Discuss DIY, experiment" He completed a DIY the winter of '24-'25.	ral pros & cons p ins" aka "A science	describe anchors to anchor secure crews' jobs durin what affects a bo "weigh" anchor fo	co Lanquetuit will , rode, scope, and how ly. She will discuss the g the process as well as at at anchor and how to or another destination. ng lines will also be
#5	5 - D	Levels: L, M, E	5 - E	Levels: L, M, E	5 - F	Levels: L, M, E
2:30 – 3:50		FETY ABOARD LBOAT	NAUTICAL RUL	ES OF THE ROAD		JACKS OF PEAKE BAY
	John Schafer, an exp racer and Director of Sailing, will discuss p focusing upon inflatat personal gear needed Participants are enco own inflatable life jack	the Ministry of ersonal safety gear ole life jackets and I to be safe aboard. uraged to bring their	Nautical Rules of the demonstrations, case evolutionary history t	e studies, and o emphasize the rights f approaching vessels. us key will be	Wilma Lee share state boat of MD dredging sailboat Why has the flee 1,500 to today's	mand, of the Skipjack s a brief history of the a working oyster known as a skipjack. t declined from over count of 24 floating Chesapeake Bay?

Fleet Exercises and Shore Leave

Please email your questions and request for directions to the coordinator.

If you are paying by check for any sailing event, a paper Sailing Registration Form must accompany the check mailed to the coordinator. A copy of this form can be found on the SOS website. All checks are to be made payable to SOS, Inc. The postmark is used as the mail in cutoff/deadline date.

Note: Individual request for refunds will incur a \$3 Administration Fee.

SOS Wellness Protocol Revised (3/7/2024) All participants attending SOS in-person events should be feeling well. They should not attend an event if they have symptoms of a communicable respiratory or gastrointestinal illness, are "feeling like something is coming on," have a recent significant exposure to someone with a communicable respiratory or gastrointestinal illness, or have not waited a recommended isolation time after a recent respiratory or gastrointestinal infection. In addition, a skipper/host may have further requirements or request other preventive measures (for example, crew or guests having received the currently recommended COVID-19 vaccine or wearing masks when below deck). All in-person participants should expect to be denied admission without a refund if they fail to comply with this policy.

	March 6	Thursday Zoom option only. Contact Commodore if interested in attending. commodore@singlesonsailboats.org	Board Time: Note:	Meeting 6:00pm to 7:00pm. Open to all Members.
	March 8	Saturday	Semin	ar – CPR & First Aid for Mariners
CPD	Location:	Annapolis Fire Department,	Cost:	\$58 (The club is paying the other half of
	Speaker:	620 Taylor Avenue, Annapolis, MD. Annapolis Fire Dept., EMS Team.	Time:	the training and certification costs). 9:00am to approximately 3:00pm.
had been	Topic: Deadline:	CPR/AED and First Aid for Mariners. Mail and online registrations must be received by Mar. 1 (9:00pm).	Note:	A light breakfast and lunch will be included.
$\mathbf{\nabla}$	Coordinator:	Joan Tannen j <u>tkeuka@gmail.com</u> To register and for more details, (Log on	first) click	here. <u>CPR Training</u>
	March 8	Saturday	Area F	ireside Chat
13 10	March 8 Location:	Saturday Gaithersburg, MD.	Area F Cost:	\$20 by deadline.
<u> </u> [Location: Speaker:	Gaithersburg, MD. Karen Lundgren, new SOS Skipper.	Cost: Host:	\$20 by deadline. \$25 after deadline, if space available. Jill Montgomery & Phil Smith
	Location: Speaker: Topic:	Gaithersburg, MD. Karen Lundgren, new SOS Skipper. She will share sailing stories about her PassPort 51, <i>China Doll</i> .	Cost:	\$20 by deadline. \$25 after deadline, if space available. Jill Montgomery & Phil Smith 5:00pm. Limited to 12.
	Location: Speaker:	Gaithersburg, MD. Karen Lundgren, new SOS Skipper. She will share sailing stories about	Cost: Host:	\$20 by deadline. \$25 after deadline, if space available. Jill Montgomery & Phil Smith
	Location: Speaker: Topic:	Gaithersburg, MD. Karen Lundgren, new SOS Skipper. She will share sailing stories about her PassPort 51, <i>China Doll.</i> Mail and online registrations must	Cost: Host: Time: Note: ail.com	 \$20 by deadline. \$25 after deadline, if space available. Jill Montgomery & Phil Smith 5:00pm. Limited to 12. Non-Members must be accompanied by Member. No Smoking, no walk-ins.
	Location: Speaker: Topic: Deadline:	Gaithersburg, MD. Karen Lundgren, new SOS Skipper. She will share sailing stories about her PassPort 51, <i>China Doll.</i> Mail and online registrations must be received by Feb. 22 (9:00pm). Melinda Zimmerman <u>melbay22@gm</u>	Cost: Host: Time: Note: ail.com	 \$20 by deadline. \$25 after deadline, if space available. Jill Montgomery & Phil Smith 5:00pm. Limited to 12. Non-Members must be accompanied by Member. No Smoking, no walk-ins.
	Location: Speaker: Topic: Deadline: Coordinator <u>:</u>	Gaithersburg, MD. Karen Lundgren, new SOS Skipper. She will share sailing stories about her PassPort 51, <i>China Doll.</i> Mail and online registrations must be received by Feb. 22 (9:00pm). Melinda Zimmerman <u>melbay22@gm</u> To register and for more details, (Log on f	Cost: Host: Time: Note: ail.com	 \$20 by deadline. \$25 after deadline, if space available. Jill Montgomery & Phil Smith 5:00pm. Limited to 12. Non-Members must be accompanied by Member. No Smoking, no walk-ins.

Topic: Rafting Seminar Deadline: Mail and online registrations must be Note: Coffee and Snacks provided. received by Mar. 7 (9:00pm).

Coordinator: Jean Gough JGough4you@gmail.com To register and for more details, (Log on first) click here. Rafting Seminar

March 2025		Whisker Pole		
	March 22	Saturday	Firesi	ide Chat/Sock Burning: Annapolis
	Location:	Annapolis, Maryland.	Cost:	\$20 by deadline. \$25 after deadline, if space available.
A.L. VEND	Speaker:	George Hollendursky.	Host:	Shirley Brooks-Hollendursky.
	Topic: Deadline:	Sock Burning.	Time: Note:	5:00pm. Limited to 20 persons. Non-Members must be accompanied by
	Deauine.	Sold Out!	NOLE.	Member. No Smoking, no walk-ins.
	Coordinator:	Beverly Nash <u>beverlynash@verizon.</u> To register and for more details, (Log on f		here. <u>Sock Burning</u>
CO STATES	April 3	Thursday	Board	d Meeting
	Location:	Zoom option only. Contact Commodore if interested in attending. commodore@singlesonsailboats.org	Time: Note:	6:00pm to 7:00pm. Open to all Members.
-	April 5	Saturday	Sprin	g Training
	Location:	Anne Arundel Community College, Arnold, MD 21012.	Cost:	\$85 Member BEFORE the March 22, Early Bird deadline.
	Presentations:	Classroom setting with various		\$95 Member AFTER the March 22 Early
		levels of experience, covering sailing/boating topics.		Bird deadline. \$100 Member walk-ins. On April 5, and for
			- .	Non-Members.
Y I Goa	Deadline:	Online registrations must be	Time: Note:	8:00am to 4:00pm. Registration details in this <i>Whisker Pole</i> .
15)	received by Mar. 30 (9:00pm).		
Stor C II	Registrar:	Linda Casucci <u>st.sos.org@gmail.con</u> To register and for more details, (Log on f		hore Spring Training
			mat) choix	
	April 5	Saturday	Sprin	g Training After-Gathering
	Location:	Social Committee has determined	Cost:	Everyone will be on their own for ordering
		there is no formal after-party planned, but there is the O'Loughlin's		drinks and any food, with a variety of appetizers and discounted prices on drinks
		Restaurant and Pub nearby, which		until 7:00pm. See for more information,
Mary 1		offers a Happy Hour. 1258 Bay Dale Dr., Arnold, Maryland.		https://www.oloughlinspub.com
	Note:	Come and share your experiences from the day's Training.	Time:	3:00pm to 7:00pm, after the Spring Training Event.
()	April 6	Sunday	Brunc	h
555	Location:	Double Tree Hotel,	Cost:	\$40 - Brunch.
	Speakers:	Annapolis, MD. John Parsons and Bob Wright.		\$44 - After deadline and walk-ins. Walk-ins CANNOT be guaranteed a seat.
	Topic:	2024 SOS Retrospective & Photo	Time:	11:00am Social Hour. 11:45am Brunch.
5 m	1	Contest results. General Membership meeting		1:00pm Program.
(STAR		will be after the program.		
	Deadline:	Mail and online registrations must be received by Apr. 2 (9:00pm).	Note:	To be held in the Coastal Room.
	Coordinator:	Melinda Zimmerman melbay22@gm		here April Brunch
	Coordinator:	Melinda Zimmerman melbay22@gmail.com To register and for more details, (Log on first) click here. <u>April Brunch</u>		

PUNXSUTAWNEY, PHIL SAID	April	Weekends & Weekdays	Skippe	er Helper Days
at of the	Location:	Pick your Skipper.	Cost:	A little bit of your time and energy.
	Description: Point of	Help those Skippers that so graciously provide us with their boats all throughout the sailing season.	Note:	See details in March <i>Whisker Pole.</i> Possible April 5th, 12th or 19th weekends. Weekdays are also an option. Skippers, pick your dates.
GET THE BOAT READY!	Contact:	Susan Vasco <u>suvasco@comcast.net</u>		



April 19 AM	Saturday	Flare and Safety Day	
Location:	YMCA Camp Letts, Edgewater, Maryland.	Cost:	Free.
	0 / 1	Time:	9:00am to 11:00am.
Deadline:	Mail and online registrations must be received by Apr. 12 (9:00pm).	Note:	Final details in the <i>Whisker Pole</i> .
Coordinator:	Joan Tannen j <u>tkeuka@gmail.com</u> To register and for more details, (Log on	first) click h	ere. <u>Flare & Safety Day</u>

4	April 19 PM Saturday		Dockside Training		
Main Halyard	Location:	Various Skippers' Boats.	Cost:	No charge.	
St A	Note:	Skippers may suggest going out for some sailing.	Time:	Noon to 3:00pm (following Flare & Safety)	
vang 3b	Deadline:	Mail and online registrations must be received by Apr. 16 (9:00pm).	Note:	Bring your own lunch, beverage and Basic Skills Checkout Forms.	
(Starboard)	Coordinator:	Dennis Krizek <u>denniskri@msn.com</u> To register and for more details, (Log on f i	i rst) click he	ere. <u>4/19 Dockside Training</u>	

	April 26	Saturday	Cruisi	ng Kick-off Meeting
kick-off Meeting	Location:	Galesville Memorial Hall, Galesville, MD	Cost:	Free to Skippers, First Mates, and Cruising Committee Members and Coordinators. \$25 for guests.
Meeting	Note:	By Invitation Only.	Time:	Coordinator training at 2:00pm, Skippers join at 3:00pm, Happy Hour at 4:00pm, Dinner at 5:00pm.
-	Coordinator:	Laura Keough <u>laurasan2@yahoo.co</u> To register and for more details, (Log on f	ere. <u>Kick-off Meeting</u>	

	April 27	Sunday	Docks	ide Training, Continued
	Location:	Various Skippers' Boats.	Cost:	No charge.
	Note:	Skippers may suggest going out for some sailing.	Time:	TBD by the Skipper.
	Deadline:	Mail and online registrations must be received by Apr. 23 (9:00pm).	Note:	Bring your own lunch, beverage, and Basic Skills Checkout Forms.
	Coordinator:	Dennis Krizek <u>denniskri@msn.com</u> To register and for more details, (Log on fi	rst) click he	ere. 4/27 Dockside Training

April 27	Sunday	Cruisi	ng Day Sail Coordinator Training
Location:	Annapolis, Maryland.	Cost:	Free to Cruising Committee Members and Day Sail Coordinators.
Speakers:	Barbara Wingrove and Michael Sommer.	Host: Time:	Barbara Wingrove. 1:00pm to 4:00pm.
Topic:	Hands-on details for coordinating a SOS Day Sail.	Note:	By Invitation Only. Limited to TBD persons.
Deadline:	Mail and online registrations must be received by TBD (9:00pm).	Note:	Non-Members must be accompanied by Member. No Smoking, no walk-ins.
Coordinator: Barbara Wingrove <u>bkwingrove@outlook.com</u> For more details, (Log on first) click here. <u>TBD</u>			

	April 30	Wednesday	Mid-Week Day Sail	
	Destination:	Skipper's Choice.	Cost:	\$19 - Member or Non-Member.
	Deadline:	Mail and Online registrations must be received by April 24 (9:00pm).	Note:	Non-Member may sail once with a Member and must mail a separate Registration Form with a check to the coordinator.
	Coordinator:	Barbara Wingrove <u>bkwingrove@outle</u> To register and for more details, (Log on f		
CON AND AND AND AND AND AND AND AND AND AN	May 1	Thursday	Board	Meeting
	Location:	Zoom option only. Contact Commodore if interested in attending. <u>commodore@singlesonsailboats.org</u>		6:00pm to 7:00pm. Open to all Members.

May 2-4	Friday – Sunday	SERC	Tour Cruise
Destination:	Rhode Rv. Sail & Dinghy/Drive-in. S mithsonian E nvironmental R esearch C enter - Edgewater, MD.	Cost:	\$57 - Sailing - Member or Non-Member. \$10 - Drive-in. See article <mark>i</mark> n WP for more details. Pg.7
Deadline:	Mail and Online registrations must be received by Apr. 22 (9:00pm).	Note:	Non-Member may sail once with a Member and must mail a separate Registration Form with a check to the coordinator.
Smithsonian Coordinator: Linda Casucci <u>casuccilj@gmail.com</u> To register and for more details, (Log on first) click h		nere. <u>SERC Cruise</u>	

	May 6	Tuesday	Mid-W	eek Day Sail
	Destination:	Skipper's Choice.	Cost:	\$19 - Member or Non-Member.
	Deadline:	Mail and Online registrations must be received by May 1 (9:00pm).	Note:	Non-Member may sail once with a Member and must mail a separate Registration Form with a check to the coordinator.
<u></u>	Coordinator:	Michael Sommer <u>sommer414@gma</u> To register and for more details, (Log on f		nere. <u>TBD</u>

6-1 ml	Sept. 6 - 13	8-Day Trip Saturday to Sunday	2025	Fall Bareboat Cruise
	Destination:	Lake Huron, Gore Bay, Ontario, Canada.	Cost:	Members \$1500 = Boat Cost and Admin Fee. Air Fare and Insurance are separate.
	Note:	Openings still available.	Note:	To Download Registration Form with Payment Information <u>2025-Lake-Huron-Charter</u>
	Coordinator:	Carole Jordan <u>seajay2844@gmail.co</u>	<u>om</u>	

Fireside Chat - Annapolis

(All names are listed L to R)



Bobby Frey (Speaker) and Kathy Higdon



Nancy Parsons (Co-Host) Daisy (the dog) & Debra Roane



FSC gathering and Bobby Frey (Speaker - far right)

Fireside Chat – West River



Jason Jernigan (Speaker -Standing) & group listening.



Linda Perkins and Suzanne Vaughn



Fireside Chat Mealtime

Regional Brunch – Delaware



Chuck and Julie Fort (Hosts)



Lynn Winkler, Heide Harper, Jeff Strauss, Carole Jordan (front), Dana Stoffregen, and Dennis Krizek



Florida SOS Regional Brunch Seated - Molly Harrison (Host) and Ned Schwartz (Host) Standing - Dave Tuttle, JoAnn Lovel, Katherine Johnson, Laura Gwinn, Teresa Anzalone, Dick Smith, Pat Clarke, and John Halstead.

Fireside Chat – Annapolis: Photographs submitted by John Parsons

Fireside Chat – West River and Delaware Regional Brunch: Photographs submitted by Samia AbdelWahed NOTE FROM PHOTO EDITOR: Please include names with your photos so we can learn everyone's names.

TO PLACE A CLASSIFIED AD:

- Due 10th of month for publication the following month.
- Send email to <u>NancyBriggs@hotmail.com</u> with "classified ad" in the subject line.
- You will receive a confirmation email.
- Ads will appear for only three months unless you notifiy me earlier to delete or continue.
- 75 word limit.

Nancy Briggs, Classified Page Editor

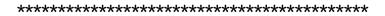
BOAT FOR SALE:



BOAT FOR SAIL: 1984 Danish LM-32 Pilothouse Diesel Sloop for Sale \$49,000; Beautifully Maintained; Virtual One Owner; Hauled Most Winters; Lying Naval Station Annapolis, Amazingly Equipped, 5 Berth, Lots of Extras/Features; Add'I Photos Available; Galley Up; Two Steering Stations; Trawler-Like Fast Sailing, Underwater Ladder Platform Aft, Sailed Exclusively on Chesapeake; Beautiful Wood Interior.

Call Bill Studeman at 703-402-9857

4-25



Database Help Desk



Need info from the database?



We're pleased to announce the launch of the **Database Help Desk**, created to provide support for any **requests**, **questions**, **or issues** related to the SOS database.

You can contact us at: <u>dbrequests.sos.org@gmail.com</u>

To help us assist you more effectively, please provide detailed information when you reach out:

- Include **Who** is involved
- When the issue arose
- What the specific problem/request is
- Why you need help

Your input will enable us to resolve your concerns or requests more efficiently. Thank you.

The Database Team



5:00-7:00 PM



Welcome to the SOS Happy Hour page! Be sure to check here for a Happy Hour event in your area. Send any changes, updates or new information about Happy Hours to Jill Montgomery jill.montgom@gmail.com



Virtual Happy Hours on ZOOM VARIOUS DATES: Get in touch with your Area Contact listed here to be put on their HH notification list. Or check out the SOS website for dates and ZOOM links to all the Virtual Happy Hours.

KEY WEST, FL: SOS HAPPY HOUR place and time to be Determined. Contact: TERRI AND KARL, 410-707-4319 or 267-221-6312.

1st Wednesday

BALTIMORE: Mar 5th 5:30-7:00 PM MT WASHINGTON TAVERN, 5700 Newbury St., Baltimore, MD 21029. 410-367-6903. Email coordinator to be added to notification email. www.mtwashingtontavern.com COORDINATOR: JOSH - singlesonsailboats@JoshuaGraff.com

1st Wednesday

Mar 5th

NOVA/DC: 5:00-7:00 PM MYLO'S GRILL, in the back dining room, 6238 Old Dominion Dr, McLean, VA. 21218. 703-533-5880. www.mylosgrill.com HOPE - hopeda@verizon.net COORDINATOR:

2nd Thursday

ELLICOTT CITY:	Mar 13th	5:00-7:30 PM
La Palapa Grill,	8307 Main Street,	Ellicott City, MD 21043
410-465-0070.		www.lapalapagrill.com
COORDINATORS	S: KATHY	- mskathha@gmail.com
	JANET	– jgsunset@yahoo.com

3rd Wednesday

WILMINGTON: Mar 19th 5:30 PM TIMOTHY'S Restaurant and Bar, 930 Justison Street. Wilmington, DE 19801. Wilmington Riverfront by Blue Rock Stadium, facing the waterfront. Drink and appetizer specials until 7PM. 302-429-7427. www.timothysontheriverfront.com **COORDINATOR:** JULIE - jafort@comcast.net

3rd Thursdav **ROCKVILLE:**

Mar 20th

Seasons 52. 11414 Rockville Pike. Rockville. MD 0852. 301-816-0369. Free parking at Whole Foods.

CORDINATOR:

www.m.seasons52.com Debbie - hidebbieg@yahoo.com

3rd Thursdav **Looking for New Host ** **KENT ISLAND:** Mar 20th 5:00-7:00 PM THE DOCK HOUSE, 110 Piney Narrows Road, Chester, MD 21619. 443-446-4477. www.dockhouseresturant.com COORDINATOR: TBD

4th Thursday **CANCELLED until new Host found** **PHILLY AREA:** 4:30 PM DiFabios, 1243 Providence Road, Media, PA 19063, (location of the Old Rose Tree Inn) 484-444-0850. Great food, lots of parking. Gather in patio area. www.difabiosevents.com COORDINATOR: TBD

4th Tuesday

ANNAPOLIS:

5:00-7:00 PM

Coconut Joe's Bar & Grill (formerly The Pier), 48 South River Rd, Edgewater, MD. Rt 2 on south side of South River bridge.If we're not in the bar area we'll be in the enclosed, heated UPPER www.coconutjoesmd.com deck. 443-837-6057. COORDINATOR: JERE - jerewglover@msn.com

Mar 27th





Baltimore Happy Hour

Kyle, Kathy Haven, Christopher 'Monk', Janet Gonski, Joanne White, Dave Eber (new skipper), Karl Scible.

Contacts

YOUR BOARD OF DIRECTORS

Name	Office	Liaison to Committee	E-mail Address	
Susan Zevin	Commodore		susanzevin@comcast.net	
Karl Scible	Vice Commodore	Newsletter, Public Relations	kscible2@aol.com	
Janet Pennewell	Treasurer	Social	treasurer@singlesonsailboats.org	
Doug Gage	Secretary	Brunches, Skippers' Advisory	douggage@gmail.com	
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		First Mates' Advisory	irene.aronian@gmail.com	
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Rich Stewart		Education, Membership	logo4848@gmail.com	
Michelle Watters		Safety	michelle.watters@gmail.com	

YOUR COMMITTEE CHAIRS

(Click on the committee name to be linked to the committee description.)

Committee	Name	E-mail Address
Bareboat Cruising	Deb Kauffman	bareboatchair@singlesonsailboats.org
Co-Chairs	Heide Harper	
Brunches	Suzanne Vaughn	brunchchair.sos.org@gmail.com
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	Dana Stoffregen	stoffregendana@gmail.com
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	Esther Massey	
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Skippers' Advisory	Sandy Rosswork	sgrosswork@aol.com
Social Co-Chairs	Tina Lavato	socialchair.sos.org@gmail.com
	Kathy McFadden	

YOUR AREA CONTACTS

Geographic Area	Area Contact	E-mail Address
Central PA	Bob Morrow	sosrjmorrow@aol.com
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Northern Virginia & Washington, DC	TBD	
Prince George's County	Flavia Favali	flavia4222@comcast.net
Montgomery County	Debbie Goldberg	hidebbieg@yahoo.com
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Baltimore	Kathy Haven	mskathha@gmail.com
Eastern Shore, North East	Pat Tracey	ppttracey63@gmail.com

Singles on Sailboats, Inc. 410-798-4098 <u>www.singlesonsailboats.org</u> Facebook: <u>www.facebook.com/groups/268838264195</u> Instagram: <u>https://www.instagram.com/Singles_on_sailboats</u> Meetup: <u>https://www.meetup.com/Singles-on-Sailboats</u>



P. O. Box 5708 Annapolis, MD 21403

Upcoming Activities

Seminar: March 15 Fireside Chats: March 8 & 22 Spring Training: April 5 Brunch: April 6